

# Psalms

## MELODIES OF ENCOURAGEMENT

Daily life can sometimes be long, difficult, and discouraging. But Psalms can give us theological truths and practical prayers, for navigating the difficulties of everyday life. It can give us melodies of encouragement, for everyday life.

## **Week 5**

Read Psalms 42-56

For further study and encouragement refer to Chapter 5 of  
*Knowing the Bible: PSALMS* by Douglas Sean O'Donnell